A Huge Thank You to Our Community of Volunteers

This issue of the Nukewatch Quarterly has been put together by many people who offered to band together with me while John was being treated for cancer. It would not have been possible without you. As if cancer wasn’t enough for this little organization to deal with, coronaviruses came along, but that didn’t stop you all from safely participating in the continuing work of Nukewatch. We have built this community stronger than before, so I want to mention all of our recent volunteers, those who were prevented from volunteering due to the Covid-19 virus along with those who volunteer in an ongoing way to distribute the Nukewatch Quarterly in their region. As you’ll see from the list below, though we are based in Wisconsin, we have almost 100 volunteers in 23 states, DC and three countries! While many of us feel alone in these Covid times, know that we are building our community together – at least in spirit! Hopefully we will soon be with one another in the streets.

—Kelly Lundeen, Nukewatch, Co-Director

Sadie Green—Hopkins, MN
Green Party Illinoians—Wheaton, IL
Laura Gauger—Duluth, MN
Fred Galluccio—Newport Beach, CA
Jenn Galler—Knoxville, TN
Fresno Center for Nonviolence—Fresno, CA
Walter Esler—Chicago, IL
East Side Freedom Library—St. Paul, MN
Dennis DuVall—Radeberg, Germany
Alan Donohue—Ithaca, NY
Susan Crane—Redwood City, CA
Frank Cardoro—Des Moines, IA
Conservation Council of New Brunswick—New Brunswick, Canada
Cindy Collins—Knoxville, TN
Kevin Collins—Knoxville, TN
Felice and Jack Cohen-Joppa—Tucson, AZ
Sharon Cody—Chicago, IL
Spencer Cody—Cincinnati, OH
Jason Cody—Chicago, IL
Claddagh Coffee—St. Paul, MN
Marty Briceland—Greenwood, WI
Liana Bratton—Osceola, WI
John Brakke—Minneapolis, MN
Jan Boudart—Chicago, IL
Julie Borodin—Madison, WI
Mike Boland—Luck, WI
Kevinn Boland—Luck, WI
Ann Boland—Luck, WI
Black Cat Cofee—Ashland, WI
Richard Bishop—Stevensville, MT
Emmet Binford—Chicago, IL
Beyond Pesticides—Washington, DC
Ann Berwald—Northbrook, IL
Bellingham Alternative Library—Bellingham, WA
Sydney Baiman—Chicago, IL
Backroads Coffee & Tea—Hayward, WI
Cee’Cee’ Anderson—College Park, GA

Some Lessons Learned about Radiation in Medicine

• Radiation after lung surgery may be harmful (Associated Press, Milwaukee Journal, July 24, 1998)

• A full-body CT scan equals about 500-to-700 ordinary chest X-rays (“Are Body Scans a Scam?” Newsweek, May 15, 2002; & “Death Rays,” Newsweek, April 2, 2014)

• Single chest CT scan is about 100 times the dose of a standard chest X-ray (“CT Scans: Too Much of a Good Thing?” Newsweek, Dec. 5, 2008; newsweek.com/ct-scans-too-much-good-thing-a3391)

• FDA scientist Julian Nicholas testified he was fired after he opposed the approval of CT scans for colon cancer screening on safety grounds (AP, Minneapolis Star Tribune, March 31, 2010)

• “Overused CT scans expose patients to deadly levels of radiation” (Cardiologist Rita Redberg & radiologist Rebecca Smith-Bindman, “We Are Giving Ourselves Cancer,” New York Times, Jan. 31, 2014)


• In 2012 the Institute of Medicine found that medical imaging is one of the leading causes of breast cancer (“Death Rays,” Newsweek, April 11, 2014, newsweek.com/2014/04/11/death-rays-248079.html)

• Replace CT & PET scans with sonogram and MRI (magnetic resonance imaging): “to spot all of the tumors with none of the radiation. Rather than invasive tracers, the new method sends an iron oxide contrast agent through the patient.” (Heike Daldrup-Link, Stanford School of Medicine, Newsweek, April 11, 2014, newsweek.com/2014/04/11/death-rays-248079.html)

John’s personal treatment essay is available upon request.

Ann Wright—Honolulu, HI
Winona Catholic Worker—Winona, MN
Willy St Cooper—Madison, WI
David Williams—Madison, WI
Victor White—Oceanside, CA
Deb Weiss—Antigo, WI
LeeAnn Ward & Larry Lack—Calais, ME
RachelleWales—Oak Lawn, IL
Gail Vaughn—Counce, TN
Bonnie Urfer—Luck, WI
Brian Terrell—Maloy, IA
Mark Taylor—Genoa, WI
Taylor Library—North Mankato, MN
Nancy Stewart—Luck, WI
Ariane Stewart Peterson—Rice Lake, WI
Mary Sanderson—Deforest, WI
San Jose Catholic Worker—San Jose, CA
Rosalie Riegle—Evanson, IL
Redwood City Catholic Worker—Redwood City, CA
Angela Price—Fresno, CA
Jeff Peterson—Luck, WI
Peace Nook—Columbia, MO
Mary Olson—Candler, NC
Ohio Valley Environmental Coalition—Huntington, WV
Oak Ridge Environmental Peace Alliance—OakRidge, TN
Nuclear-Free Great Lakes—Monroe, MI
Nuclear Resister—Tucson, AZ
Nuclear Watch South—Atlanta, GA
Nonviolent Peace Force—St. Paul, MN
Diane Nahas—Sands Point, NY
Leea Murgui—Albuquerque, AZ
Yasha Morales—Shel Lake, WI
Sofia Morales—Shel Lake, WI
Jose Morales—Shel Lake, WI
Joseph Miller—Portland, OR
George Millkowiski—Chicago, IL
Mike Miles—Luck, WI
Steve McKeown—Minneapolis, MN
Bob Mayberry—Oceanside, CA
Sharyl Manviller—Turtle Lake, WI
Christine Manviller—Turtle Lake, WI
Jane Mager—Des Moines, IA
LEPOCO Peace Center—Bethlehem, PA
Jane Leech—Camden, WI
Andrew Lanier—San Jose, CA
Michael Komba—Milwaukee, WI
Nora Kobylasz—Omaha, NE
Judy Kleihnert—Washington Island, WI
Barb Kass—Luck, WI
Cynthia Johnson—Berkeley, CA
Steve Jacobs—Columbia, MO
Ralph Hutchison—Oak Ridge, TN
Celest Howard—Hillsboro, OR
Elena Hight—Edmond, OK
Mark Helpmeet—Eau Claire, WI
John Heid—Tucson, AZ
Ground Zero Center for Nonviolent Action—Poulsbo, WA

Arianne Stewart Peterson—Poulsbo, WA
—OakRidge, TN
—Rice Lake, WI
—Columbia, MO
—Candler, NC
—Huntington, WV
—OakRidge, TN
—Minneapolis, MN
—Oceanside, CA
—Turtle Lake, WI
—Turtle Lake, WI
—Des Moines, IA
—Camden, WI
—San Jose, CA
—Milwaukee, WI
—Omaha, NE
—Washington Island, WI
—Luck, WI
—Berkeley, CA
—Columbia, MO
—Oak Ridge, TN
—Hillsboro, OR
—Edmond, OK
—Eau Claire, WI
—Tucson, AZ

—OakRidge, TN